



MEALS ON WHEELS OF THE MONTEREY PENINSULA

APRIL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salmon Patty & Pico De Gallo Spanish Rice Vegetables Soup/Salad Fresh Fruit/Dessert 30	German Bratwurst Potato Vegetables Soup/Salad Fresh Fruit/Dessert 31	Beef Stew Bread Roll Soup/Salad Fresh Fruit/Dessert 1	Ratatouille Rice Soup/Salad Fresh Fruit/Dessert 2	Chicken Fettuccine Vegetables Soup/Salad Fresh Fruit/Dessert 3
Beef Steak & Mushroom Gravy Potatoes Vegetables Soup/Salad Fresh Fruit/Dessert 6	Herb Crusted Fish Fillet Rice Soup/Salad Fresh Fruit/Dessert 7	Italian Braised Pork Pasta Vegetables Soup/Salad Fresh Fruit/Dessert 8	Teriyaki Chicken Bites Rice Vegetables Soup/Salad Fresh Fruit/Dessert 9	Vegetable Spring Roll Fried Rice Soup/Salad Fresh Fruit/Dessert 10
Spinach Ravioli Soup/Salad Fresh Fruit/Dessert 13	Pork Chop & Apricot Glaze  Potatoes & Vegetables Soup/Salad Fresh Fruit/Dessert 14	Beef Bourguignon Potatoes Vegetables Soup/Salad Fresh Fruit/Dessert 15	Fish Fillet & Mango Salsa Rice Soup/Salad Fresh Fruit/Dessert 16	Chicken Parmesan Pasta Vegetables Soup/Salad Fresh Fruit/Dessert 17
Pork Cassoulet Vegetables Soup/Salad Fresh Fruit/Dessert 20	Chicken Tamale Rice Soup/Salad Fresh Fruit/Dessert 21	Spaghetti with Meat Sauce Pasta Vegetables Soup/Salad Fresh Fruit/Dessert 22	Rockfish Patty & Green Goddess Rice Vegetables Soup/Salad Fresh Fruit/Dessert 23	Mushroom Stroganoff Soup/Salad Fresh Fruit/Dessert 24
Spaghetti Primavera Soup/Salad Fresh Fruit/Dessert 27	Salmon Patty & Pico De Gallo Spanish Rice Vegetables Soup/Salad Fresh Fruit/Dessert 28	CHEF'S CHOICE   29	Pork Pozole Vegetables Rice Soup/Salad Fresh Fruit/Dessert 30	BBQ Chicken Potatoes Vegetables Soup/Salad Fresh Fruit/Dessert 1

 - RESERVATIONS ARE REQUIRED

*PLEASE NOTE: DAILY MENUS ARE SUBJECT TO CHANGE

LUNCHEON NEWS

GROUP DINING

The Dining Room is open Monday - Friday from 11:00am - 1:00pm
Table service 11:45am - 12:30pm



Reservations are required for the following dates:*

April 14* • Birthday Bash with It's Just Us

April 29* • Chef's Special Lunch promptly served at 12:00pm

831-375-4454 ask for the Front Desk

LUNCHEON MUSICIANS

- Mondays • Lilia (piano)
- Thursdays • Bill & Karen (bass guitar & piano)
- Fridays • Curtis Williams
- April 1, 15 & 29 • Jay Cook (piano)
- April 8 & 22 • Dr. Glynn
- April 14 • It's Just Us - a jazz quartet
- April 21 • The Old Flannel Pajamas
- April 28 • Glenn Leon-Guerrero (vocals & keyboard)

Voluntary contribution of \$3 per Senior (60 years & over) is suggested
for those in the Senior Nutrition Program.

Guests are required to pay a fee of \$7.50 per meal.

No eligible individual shall be denied participation because of failure or inability to contribute.

**JOKE OF THE
MONTH**

Q: Why can April jump so high?

A: Because it is spring.